

WAIVER AND RELEASE

I do hereby, waive, release and discharge the Indiana Swim Camp and respective staffs, employees, successors and assigns, of and from any and all rights and claims for damage resulting from injury of my person or property, which may be or arising out of my travelling to or from the Indiana Swim Camp. I/we, the parents/guardians, agree to the above waiver and release and we join therein.

I give permission to Indiana Swim Camp to take photographs and videos of my child during the course of the camp activities. These photographs may be used for publicity purposes by the Indiana Swim Camp.

Printed name of parent/guardian _____ Date _____

Signature of parent/guardian _____ Date _____

CONSENT FOR MEDICAL TREATMENT OF A MINOR

In order to enable the IU Health Center of Indiana University and/or other health facilities in Bloomington to provide prompt care to your minor son or daughter, please read and complete the below consent form. This way we can help your child without delay should an emergency occur. Additionally, please send us a copy of your child's insurance card and enclose it when returning all forms prior to your child's arrival at swim camp.

I, _____ declare that I am the father, mother, guardian

or _____ of, _____ a minor, age _____, born _____.

Policy # and Group # _____

Please provide the following information concerning said minor

Food Allergies: _____

Medicine Allergies: _____

Medicine Currently Taking: _____

Date of Last Tetanus (DO NOT omit this information) _____

Any past or present illness or other information that would be useful in the event that treatment is needed:

In case of emergency contact _____

Relation _____ Address _____

Home Phone _____ Work Phone _____ Cell Phone _____

Please check one of the following options and sign

I grant permission to the director, assistants, or other persons responsible for said minor to act on my behalf for said minor in granting permission for evaluation and treatment of medical problems. I understand that should a major medical problem arise, an attempt will be made to notify me by telephone. In the event that I cannot be reached, I hereby give my consent to such treatment as deemed necessary (including surgery, x-ray examinations, and anesthesia to be rendered to said minor by a licensed physician or nurse).

I authorize limited care as follows _____

Full name of Father _____ Full name of Mother _____

I declare that I am the Father Mother Guardian of the above named minor

X _____ Date _____
Signature of Parent or Guardian



Coaching Staff

Ray Looze is in 13th year at the helm of the women's swimming program and his 16th year of mentoring the men at Indiana University. Looze was the Big Ten Men's and Women's Swim Coach of the Year each of the past two seasons, and has earned the honor eight times overall. In addition, he was a 2016 U.S. Olympic assistant coach and the 2017 ASCA Swimming Coach of the Year.

He has enjoyed tremendous success, including:

- In 2017, the Indiana men's swimming program won its first Big Ten title since 2006, and finished seventh at NCAAs. The women, meanwhile, finished eighth at NCAAs to go along with a sixth straight runner-up finish in the Big Ten. Lilly King defended her NCAA titles in the 100 and 200 breaststroke and IU had eight swimmers earn a total of 24 All-America honors at the NCAA Championships. After becoming the first coach to ever win Big Ten Coach of the Year honors in both men's and women's swimming in the same season in 2016, Looze did it again in 2017
- In 2016, Looze and his swimmers shined at the Rio Summer Olympics, capturing four golds and six medals overall. King set an Olympic record while winning gold in the 100 breaststroke, and won gold in the 4x100 medley relay. Former IU swimmer Cody Miller won gold in the 4x100 medley relay and bronze in the 100 breaststroke. Current IU swimmer Blake Pieroni, meanwhile, captured gold in the 4x100 relay. In addition to that Team USA trio, Kennedy Goss (bronze, 4x200 relay), Ali Khalafalla, Marwan Elkamash and Anze Tavcar also competed in the Summer Games. During IU's season, Looze guided both teams to top-10 NCAA finishes and runner-up finishes at the Big Ten Championships to earn Coach of the Year honors.
- the IU women have won four Big Ten titles and finished in the NCAA top-15 in each of the Looze's 12 seasons
- the IU men have placed in the top-10 at the NCAAs in five of the past six years and placed a Big Ten-best eighth in 2017
- Looze has coached NCAA champions Lily King (2016 & 2017 - 100 & 200 breaststroke), Brooklynn Snodgrass (2014 - 200 backstroke), Kate Fesenko (2010 - 200 backstroke) and Ben Heslen (2008 - 100 backstroke)
- King, meanwhile, recently starred at the 2017 FINA World Championships, winning gold in the 50 and 100 breaststroke events, the 4x100 medley relay and the mixed 4x100 medley relay - all in world record times.

Register online at:

www.hoosiersportscamps.com

Indiana Swimming Camp

2394 Winding Brook Circle
Bloomington, IN 47401

Team Discounts Available

Indiana Swim Camp
Where Olympic champions
coach and teach...
And future Olympians
are born.

June 3-8
June 10-15
June 17-22
June 24-29

XXXI Olimpiada Rio 2016
indianoswimmingcamp.com

INDIANA Swimming Camp

The Indiana Swimming Camp offers a unique experience that no other camp in the nation can match. The ultimate goal is to educate campers on the fundamentals of technique, racing, and training in the sport of swimming, while providing an opportunity for camaraderie with swimmers from all over the nation!!

During this five-day camp, swim coaches will create a "profile" of each swimmer, including a stroke analysis, strength tests and a video of the swimmer underwater. Test results and details of the profile will be recorded and e-mailed to campers as soon as possible after the session's conclusion; the video, meanwhile, will be made available as well in the weeks following camp.

Special Features

At the Indiana Swimming Camp, swimmers receive:

- A stroke analysis and comparison assessment of strokes, power, strength and flexibility
- Professional instruction from a 2016 USA Olympic Coach
- Two daily water sessions
- Dry-land training and educational lectures
- 10:1 camper/swimmer to counselor/coach ratio
- a FREE t-shirt and Swim Cap courtesy of Speedo

Location

The Indiana Swim Camp is held at the Councilman/Billingsley Aquatic Center (CBAC) at 1601 Law Lane on the Indiana University campus. The CBAC is one of the nation's leading swimming and diving facilities. The pool is 8 lanes, 50 meters by 25 yards, with a separate 8-lane, 25-yard diving well.

Eligibility

The Indiana Swim Camp is open to any and all swimmers ages 8 through 18. A completed consent form (back side), a copy of the swimmers' insurance card, and a current tetanus shot must be submitted with the camp application. No physical examination is required.

Housing

Overnight swimmers will be housed in the Foster-Jenkinson dormitory located on 1000 N. Fee Ln., Bloomington, IN 47405. Each room holds two campers and is air-conditioned. Triples are available; please contact us for more information. Camp staff will provide supervision 24 hours a day.

Camp Details

At the beginning of the 5-day camp, swimmers will be assessed and grouped in an appropriate age and ability level. A Camp

Store offering drinks, snacks and apparel for sale will be open throughout the week. You may include extra money with your application for your swimmer's camp bank account; send it in prior to camp or deposit funds during check-in.

Camp Checklist

- Sign and return medical consent form and waiver release (on back)
- Send any remaining camp registration fees by 2 weeks prior
- Mark clothing and possessions with your full name
- Copy of insurance card—send prior to camp
- Pillow, sleeping bag, or sheets for twin bed and blanket
- Swimsuits, cap and goggles
- Clothing, towels, and personal hygiene articles
- Camp store money

Tentative Daily Schedule

7 a.m.	Wake Up/Breakfast
8 a.m.	Begin talk with camp coaches
8:30 a.m.	Water Workout/Performance Testing
11 a.m.	Dry-land Workout
Noon	Lunch
1:30 p.m.	Water Workout/Performance Testing
4 p.m.	Educational Lecture
5 p.m.	Dinner and Relax
7 p.m.	Evening Activity
10 p.m.	Lights out

Participation and Cost

Swimmers may participate in one of three ways: Overnight Camp (\$700*), Day Camp/Commuter (\$615*) or Water Sessions Only (\$300*). A \$200 deposit is due with your completed application. The remaining balance is due two weeks prior to the start of camp.

*Add 6% for credit card registrations

Ten or more campers coming from your school or club? Contact us about our team discounts. Reservations are on a first-come, first-served basis. Please Note: Some weeks fill quickly! Checks should be made payable to Indiana Swim Camp.

****This summer, we are offering an Elite segment as an option for 13 years and older. This segment of camp - which is open to any and all entrants - will feature an extra training session with a camp coach in the morning from 6-8 a.m. To learn more and participate in this Elite group, contact us at Indianswimmingcamp@gmail.com soon after you register to reserve your spot!!**

Please Note: You will only receive an e-mail confirmation.

Check In/Check Out

Campers will register between 3:30 p.m. and 5 p.m. on Sunday at Foster-Jenkinson dormitory, 1000 North Fee Lane. Dinner will be provided and we will have our first training session on Sunday night.

The first training session will begin at 6 p.m. Camp will conclude between 10 and 11 a.m. on Friday. Pick-up will be at Foster-Jenkinson. A short racing session will take place from 9-10 a.m. Friday at the CBAC pool.

Transportation/Hotel

Swimmers may obtain ground transportation from the Indianapolis Airport, which is 50 minutes from Bloomington, through:

- Bloomington Shuttle Service, 800-589-6004 or online at www.bloomingtonshuttle.com
- Classic Touch Limo at 800-319-0082 or online at www.classictouchlimo.com
- For lodging information, visit www.visitbloomington.com.

*Please note our dormitory accommodations are the same as last year. We will contact you if our dormitory location changes.

Refund policy

No refunds will be given for cancellations after May 20, 2018. Requests must be in writing, and accompanied by a written physician's statement. Refund requests made within two weeks of the start of camp subject to \$100 administrative fee.

Directions to Bloomington

You may retrieve directions by going to mapquest.com and typing in the destination of Foster Quad, 1000 N. Fee Lane, Bloomington, IN 47406-7501.



From the North and East

Take Hwy. 37 south out of Indianapolis and proceed 41 miles to Hwy. 45/46, Indiana University exit. Take exit east and go approximately 2.7 miles to 17th street and turn right. Follow 17th street approximately .2 mile to North Jordan Ave. and turn left. Turn right on Law Lane and follow signs to check-in.

From the West

Take Hwy. 46 into Bloomington. After crossing Hwy. 37, take Hwy. 45/46 approximately 2.7 miles to 17th street and turn right. Follow 17th street approximately .2 mile to North Jordan Ave. and turn left. Turn right on Law Lane and follow signs to check-in.

From the South

Take Hwy. 37 north and proceed to Hwy. 45/46, Indiana University exit. Turn right (east) and go approximately 2.7 miles to 17th street and turn right. Follow 17th street approximately .2 mile to North Jordan Ave. and turn left. Turn right on Law Lane and follow signs to check-in.

The Indiana Swim Camp is owned and operated by Ray Looze, and not by Indiana University.

APPLICATION

CAMP DATES (indicate first choice)

June 3-8 June 10-15 June 17-22 June 24-29

CAMP OPTIONS (please check one)

Overnight Camp • \$700 Day Camp • \$615
 Water Sessions Only • \$300

10 or more campers coming from your school or club? Contact us about our team discounts.

Add 6% for credit card registrations.

Last Name _____ First _____ MI _____

E-Mail (important for future camp information—please print clearly) _____

Parent/Guardian Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____

Age at Camp _____ Date of Birth _____ Gender _____

Name of Club Team/Coach _____

Roommate Preference(s) _____

I'd prefer: single double triple

Year of Graduation _____

Best Times (in Yards): 50 Free _____ 100 Free _____

How did you hear about us?

I am a returning Camper Coach's Referral Internet Search
 Brochure Friend Word of Mouth Other

Make check payable to: Indiana Swim Camp

**Mail to: Indiana Swim Camp
 2394 Winding Brook Circle
 Bloomington, IN 47401**

Please call 812-333-5684 or e-mail indianswimmingcamp@gmail.com if you have not received confirmation of enrollment within three weeks.

**You may also register online at:
www.hoosiersportscamps.com**